



## St. Mel's Catholic Academy Taekwondo Afterschool Classes by New York Black Belt Center

Give your children the opportunity to learn *self-respect, focus, self-discipline, body control and spatial awareness, improve their gross-motor skills and develop friendship and respect* between their fellow St. Mel's family classmates. We will also be covering self-defense and bullying.

Under the instruction of Master Joseph Lupo Jr., our Kindergarten Teacher and First Degree Black Belt, Ms. Loiacono, will be teaching Taekwondo lessons during our afterschool program from 3:15 to 4:15 on Wednesdays for a ten-week session.

If you are interested in your child participating and would like more information, please return the bottom portion to your child's teacher \*No later than 01/22/20. \*Please bring/wear your gym uniform.

**Program Cost:** \$200.00 For ten sessions per child (Please make the check payable to St. Mel's School).

**Session Dates:** January 29, February 5, 12, 26, March 4, 11, 18, 25, April 1, 22 (No class During February or Easter breaks).

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Child's Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

Parent's Name and phone number \_\_\_\_\_ email \_\_\_\_\_

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: Session Dates to attend \_\_\_\_\_

: Does your child have any medical concerns or allergies? \_\_\_\_\_