



Gaelic Athletic Association

St. Mel's Catholic Academy is proud to partner with the GAA to offer training and instruction in traditional Irish sports such as Gaelic football and hurling.

- **Sessions taught by Mr. David McNamara, certified strength and conditioning coach from the University of Limerick.**
- **Open to boys and girls in grades 4-8.**
- **Thursdays 3-4:30 pm beginning 9/23.**
- **All equipment provided by Gaelic Athletic Association.**
- **Only \$50 for 10 sessions!**
- **Limited to first 20 students who sign up.**
- **Return registration form to school with check for \$50 by 9/13.**

GAELIC FOOTBALL



Hurling



SMCA/GAA Afterschool Irish Sports Club Registration

Student's Name _____

Grade _____

I give permission for my child to participate in the SMCA/GAA Afterschool Irish Sports Club. I have enclosed a check for \$50 which will include 10 hour long training sessions beginning on Thursday, 9/23. Sessions will take place from 3:00-4:30 pm on Thursday afternoons.

Please check one:

- ___ my child will be picked up at 4:30
- ___ my child has permission to go home on their own at 4:30
- ___ my child will go to afterschool at 4:30

Parent/Guardian Signature